

What to Bring

Brussels

☐ **Passport/Visa**

- U.S. citizens will not need a special visa for Belgium, just a valid U.S. passport.
- If you are not a U.S. citizen, please check for visa requirements at: <http://www.diplomatie.be/en/travel/traveldocs.asp> and allow plenty of time to get your visa for Belgium. If you are planning on traveling elsewhere in the European Union, you can check visa requirements for the EU at http://europa.eu/abc/travel/doc/index_en.htm.

- ☐ **Clothes** generally will be casual—you can wear jeans during the classroom sessions. You may want to bring something a little dressier for Sunday or a night out (a dress shirt for the guys and a skirt, dress or nice slacks for the ladies). A set of "grubbies" may be helpful in the event your ministry includes physical labor or painting, etc. The weather will be cold, so bring clothes that you can layer. Consider bringing a sweater, sweatshirt, jacket/coat, gloves, scarf, hat, umbrella, and rain gear, etc. You'll be walking a lot, so bring comfortable walking shoes/boots that can take wet weather.

- ☐ A **backpack** or carrying bag.

- ☐ **Laptop computer.** Please bring a laptop computer to do your assignments, journaling, emailing, and other work. The ZavCentre is equipped with Wi-Fi internet access. There is also a computer available at the Centre, but it will be much easier if you bring your own.

- ☐ **Extra Space.** Leave room in your luggage, or bring an extra bag, since you will be leaving with binders, books, and other materials that you receive during the training. And all those souvenirs, of course!

- ☐ **Cash and Cards.** You will need cash, credit cards, or ATM/debit cards that are accepted internationally (don't forget your PIN number). You should plan to have at least \$200 per adult available to cover items like your local transportation, meals out, laundry, and souvenirs. You want to check with your credit card companies and let them know you will be in Belgium so that they don't block your card. You might also ask them what they charge for a foreign exchange fee—some cards charge a fee up to 3%.

- ☐ **Electric.** You will need a transformer (also called a voltage converter) for electrical appliances that do not handle dual voltage. One exception is laptop computers, which have transformers that usually handle world voltages—check the label of the transformer for 220v. (Some Palm Pilots do not handle dual voltage.) You will need a transformer that will take 220 volts (Europe) and put out 110 volts (U.S.). More detailed information is available at this website: http://goeurope.about.com/cs/electricity/l/bl_electricity.htm.

- ☐ **Families**—see additional information in the "Notes for Parents" attachment

- ☐ **Optional Ideas**

- Bring a copy of your passport and credit cards, in case they are lost or stolen, and phone number of your credit card companies.
- If you will need to make phone call back to the States, consider getting a prepaid calling card, as calls can be expensive. Our contacts in Belgium recommend <http://www.enjoyprepaid.com> for a calling card. If you have a computer with a headset/microphone, we recommend using www.skype.com.
- Pictures of your life, work and family to show those you meet. You might also bring any small samples of your hobbies or interests.
- Get several good nights of sleep before your flight.

You Don't Need to Bring:

- Sheets, blankets, towels, washcloths, and pillows—they will be provided, although you are welcome to bring your own if you prefer.
- More luggage than you can handle (remember that there won't be any porters when you arrive, and you may need to walk up several flights of stairs). Leave some room to take things back with you.
- Unnecessary valuables, watches, or jewelry that you would rather not have stole (there is no insurance coverage for your personal belongings).